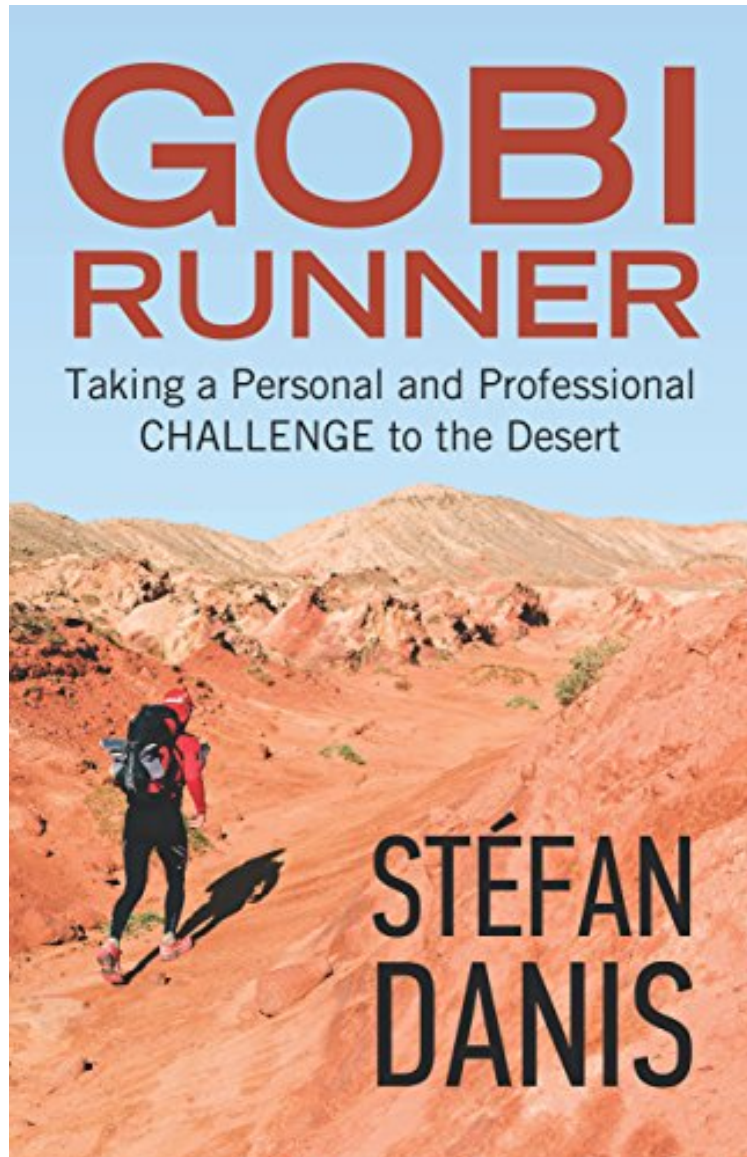


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## Gobi Runner: Taking a Personal and Professional Challenge to the Desert

*Stefan Danis*

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**Stefan Danis : Gobi Runner: Taking a Personal and Professional Challenge to the Desert** before purchasing it in order to gage whether or not it would be worth my time, and all praised Gobi Runner: Taking a Personal and Professional Challenge to the Desert:

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The Gobi Runner is an incredible journey. I found the life lessons on adversity invaluable. I now laugh at the little things life throws at me and for the bigger things, I don't let them get me down, I just learn my lesson and move on. My life is easier, lighter, and more fun having read and learned from Stefan and his run through the desert.  
I highly recommend this book to anyone, any age, any place in life.  
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li  
Good book

In the midst of a devastating year for his and most businesses, Stefan Danis searched for a challenge that would get him in physical and mental shape for what lay ahead, inspire others in similar situations, and raise funds for those in his industry who had fallen on even harder times. With only a vague understanding of what he was getting himself into, he settled on the Gobi March, an unaided 250-kilometer foot race in the Gobi Desert of China. Now, in this captivating story of mind over matter, he shares how he overcame the challenges he faced -- from extensive training to injuries that nearly kept him from the race to running in blazing heat on stones, sand, through rivers, and even up mountains -- and made it to the finish line, stronger and better equipped for what lay ahead.

About the Author  
Stefan Danis is the CEO of Mandrake and NEX Career. He and his wife and two daughters live in Toronto.