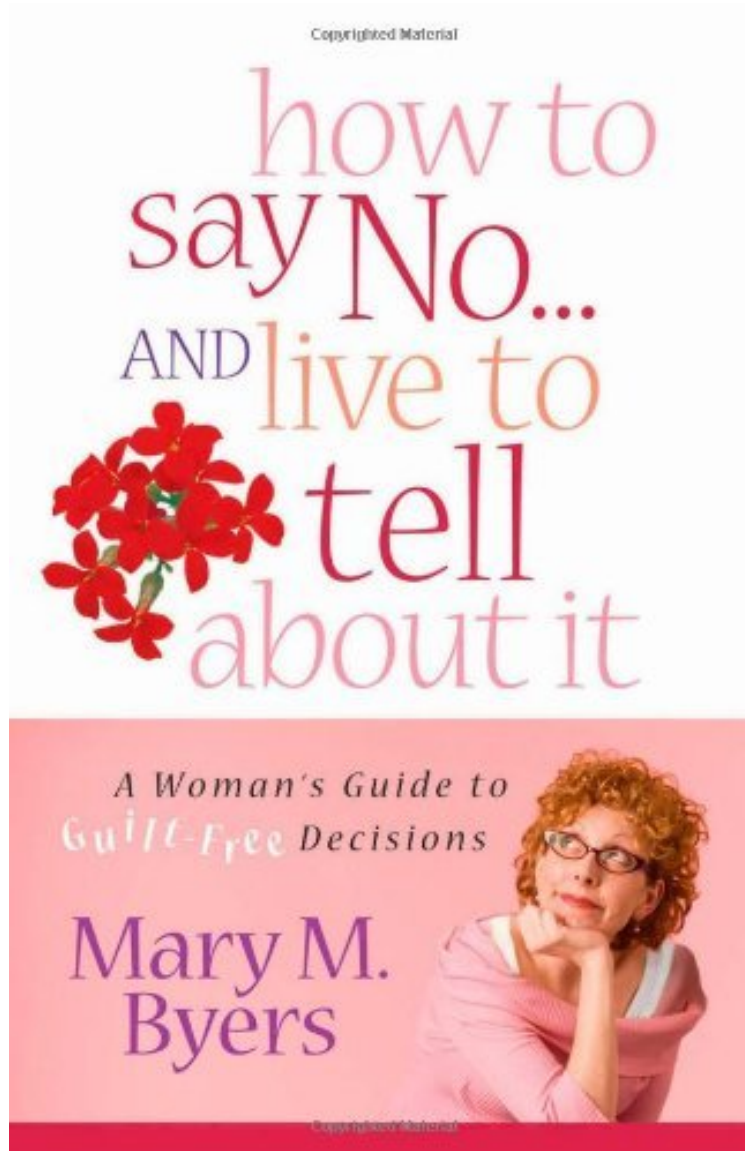


(Pdf free) How to Say No...and Live to Tell About It: A Woman's Guide to Guilt-Free Decisions

How to Say No...and Live to Tell About It: A Woman's Guide to Guilt-Free Decisions

Mary M. Byers

DOC | *audiobook | ebooks | Download PDF | ePub



[Download](#)

[Read Online](#)

#1955093 in eBooks 2006-02-15 2006-02-15 File Name: B00AVV6LAQ | File size: 50.Mb

Mary M. Byers : How to Say No...and Live to Tell About It: A Woman's Guide to Guilt-Free Decisions before purchasing it in order to gage whether or not it would be worth my time, and all praised How to Say No...and Live to Tell About It: A Woman's Guide to Guilt-Free Decisions:

0 of 0 people found the following review helpful. How to Say No and Live to Tell About ItBy Dr. Velecia A. HulseyWith manipulation on the rise, this is a timely book for the Body of Christ to have. Regardless of your sex, even

though it appears to be geared to women, men could also benefit from the information contained therein. Although women are viewed as weaker vessels, this only means that men are also weak, but in mind, sometimes men are weaker. Saying yes constantly seems to rob people of their lives. And those who sabotage plans to get their way, will have to answer to God for interfering with His plans for the person they are disrupting. At the same time, that person needs God's strength to say yes to the right things, and no to those things which are not priorities that interfere with their lives. This is a must read for everyone. I believe that this book will help everyone get on and stay on track with their lives. Outstanding! 10 of 1 people found the following review helpful. Great Book By G. Hamby How many times are we conditioned to say yes so we appear agreeable or not wanting to hurt someone's feelings? I bought this as a gift but have yet to give it away because I like having it around to read. 4 of 4 people found the following review helpful. Makes time management seem easy By Christian Book Previews How to Say No and Live to Tell About It by Mary M. Byers is a practical guide for busy women. If you lack assertiveness, and have trouble prioritizing your commitments, this book may be for you. Byers writes from her own experiences as a busy woman, offering advice and inspiration to get through the day. Extremely short chapters make reading this thin volume a breeze--a must for the busy women Byers is writing for. Surely Byers, who is a professional speaker and freelance writer, uses some of her own tips to manage her packed schedule. The one downfall of How to Say No and Live to Tell About It is the way Byers uses Bible verses. She quoted a few verses completely out of context and used others to apply to different topics than they were originally meant to reference. It is almost as if Byers wrote a useful book on time management, and then decided she wanted to market it to a Christian audience as an afterthought, interspersing the Bible verses later. Despite this issue, How to Say No and Live to Tell About It makes the daunting tasks of time management and assertiveness development seem easy for even the busiest of women. Bible verses that apply to the topic at hand in the correct context would make this book more worthwhile.[...]

Do you know a yes-aholic? Many women feel pressured to say yes to commitments and activities even though their time and resources are already stretched thin. Mary Byers, author of *Mother Load*, offers women strategies for quickly evaluating commitments, priorities, and energy levels so they can realistically decide what to do. Readers will discover how to...know when "yes" isn't the logical answer identify the best use of their time use their gifts and talents more effectively turn down "opportunities" graciously have more time with their families Whether at home or in the business world, women will be excited about these secrets to guilt-free decisions that lead to more efficient productivity and more discretionary time.

"For those Yes-aholics whose lives blur hectic, Mary Byers comes alongside, offering practical no-saying advice. How to Say No and Live to Tell About It helps readers understand that busyness is not synonymous with worth and the tyranny of 'should' can clutter already-hectic schedules. For those afraid of exercising the 'no' muscle, say YES to the message of this book." --Mary E. DeMuth, author of *Ordinary Mom, Extraordinary God*